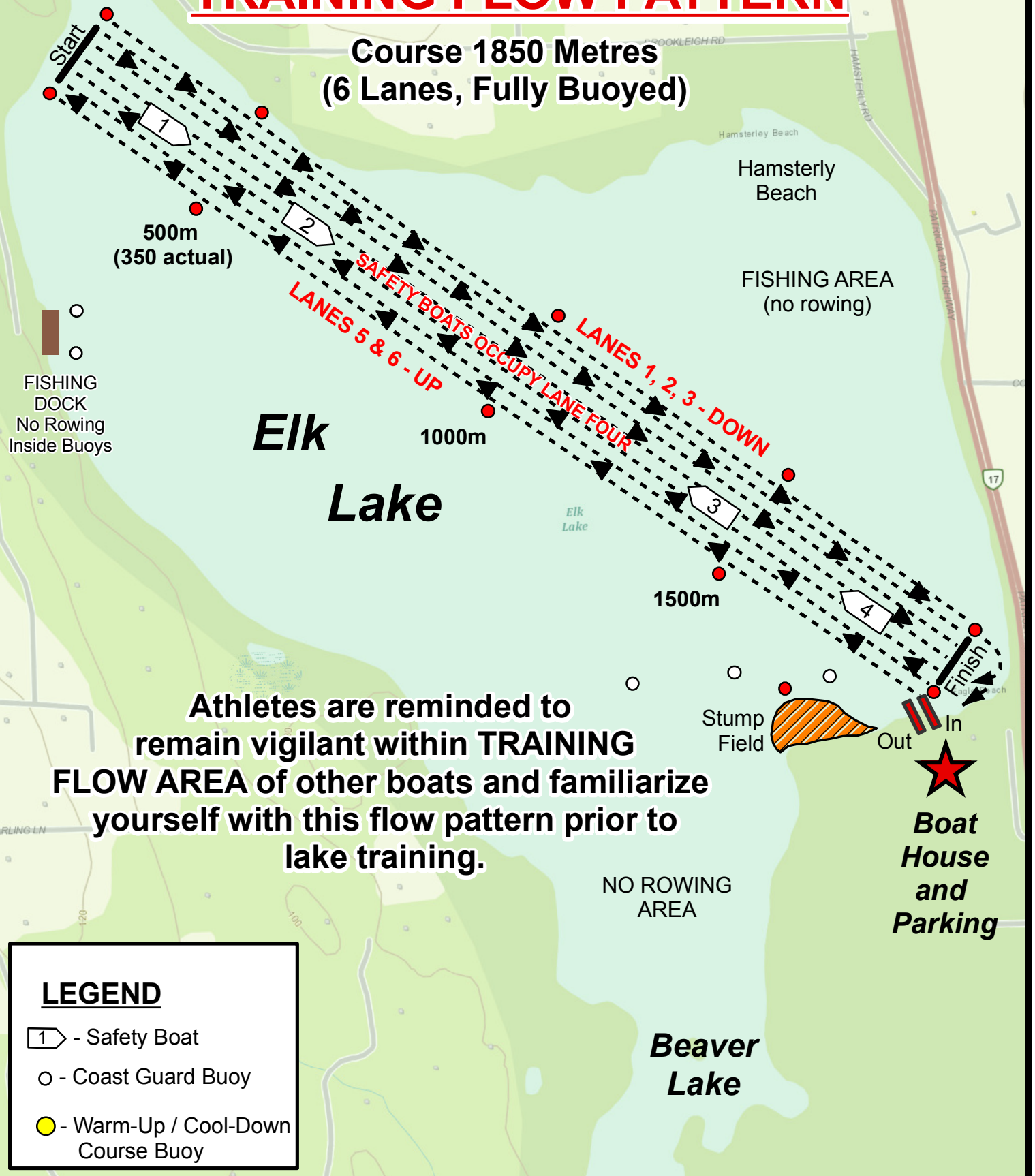




2012 RBC National Rowing Championships November 9-11, 2012

TRAINING FLOW PATTERN

Course 1850 Metres
(6 Lanes, Fully Buoyed)



Athletes are reminded to remain vigilant within TRAINING FLOW AREA of other boats and familiarize yourself with this flow pattern prior to lake training.